


Outer North East Wellbeing Fund monitoring reports

Project: Moss Syke	Total cost: £25000
Lead organisation: East North East Homes	Wellbeing Funding: £4000
<p>Works were carried out to improve carparking for residents of Moss Syke, Scarcroft. The scheme is now completed. East North East Homes Area Panel contributed the majority of the funding, £20,000, and Bardsey Parish Council contributed £1000. (Moss Syke falls within the Bardsey Parish boundary, not Scarcroft).</p>	

Project: Lifestyles and Multi-sport activities	Total cost: £387.60												
Lead organisation: LCC Sport and Active Lifestyles	Wellbeing Funding: £387.60												
<p>Sport and Active Lifestyles arranged to deliver 6 weeks of Multi Sport on the Crammer Banks field and to deliver some Lifestyles classes for young males (Anger Management) and for some young females (self-harming) classes.</p> <p>The 6 multi sports sessions on the Crammer Banks field were available for two sets of young people. The first hour was available for 8 – 13 yrs olds and the 2nd hour was available for 14 – 18 yrs olds.</p> <p>The lifestyles classes targeted young males and females from the Alwoodley ward to teach them different ways of dealing with stressful situations in their lives. However these classes were cancelled as no-one booked onto the courses.</p> <p>The multi sport sessions and lifestyle classes were widely publicised through local schools, community groups, agencies and sports clubs in the Alwoodley Ward, and advertised on the Breeze Culture Network.</p> <p>Throughout the 6 weeks 30 young people attended the multi sports sessions, 24 males and 6 females. The different types of activities delivered throughout the 6 weeks were rounders, tag rugby, football, kwik cricket and freebie activities. Attendance by age was:</p> <table border="1"> <thead> <tr> <th>Age</th> <th>Number</th> </tr> </thead> <tbody> <tr> <td>10</td> <td>5</td> </tr> <tr> <td>11</td> <td>8</td> </tr> <tr> <td>12</td> <td>8</td> </tr> <tr> <td>13</td> <td>5</td> </tr> <tr> <td>14</td> <td>4</td> </tr> </tbody> </table> <p>The breakdown of attendance by neighbourhood was 10 from Cranmer Bank area, 10 from the Deanswood Area, 8 from the Tynwalds, 1 from the Buckstones and 1 from the Lingfields. Attendance by school was Alwoodley Primary School - 3, Allerton Primary School - 2 and</p>		Age	Number	10	5	11	8	12	8	13	5	14	4
Age	Number												
10	5												
11	8												
12	8												
13	5												
14	4												

Allerton high School – 25.

Due to the lifestyle classes not running, costs incurred were £387.60, and the remaining balance has been returned to the Wellbeing budget for Alwoodley Ward.

Project: Leadership awards	Total cost: £290
Lead organisation: LCC Sport and Active Lifestyles	Wellbeing Funding: £290

Sport and Active Lifestyles and several National Governing Bodies (NGB's) arranged to deliver the following awards to young people (14 +s) living in the Alwoodley ward.

- Athletics Activators Award
- Cricket Young leaders award
- Netball young leaders award
- Community First Aid award
- Emergency First Aid award.

All the leadership awards were originally planned to be delivered at Allerton High School over the summer however this wasn't possible due to works taking place in the school over the summer holidays, so alternative venues were found, Moor Allerton Library - FY20 room for First Aid, Alwoodley Cricket Club for Cricket, Valley Striders (part of Leodiensian Club) for Athletics. Netball wasn't offered because there was no available venue.

These courses were widely publicised through local schools, community groups, agencies and sports clubs in the Alwoodley Ward, and advertised on the Breeze Culture Network.

These awards were offered because feedback from key organisations working in the area indicated that young people wanted to take part in these awards. However, only three people booked on the First Aid and the Athletics, and no-one booked on the Cricket Award. Each Award required six people for the tutor to deliver a successful course, to all the courses had to be cancelled.

The time of tutors for the First Aid and the Cricket Awards had been committed, therefore costs of £290 were incurred. The remaining balance has been returned to the Wellbeing budget for Alwoodley Ward.

Project: Family Activities	
Lead organisation: LCC Sport and Active Lifestyles	Wellbeing Funding:

Sport and Active Lifestyles worked closely with Alwoodley Extended Services to target families from the Moor Allerton area including Cramner Banks, Fir Trees, Lingfields and Queenshills).

Marketing material was distributed through local schools and also to local organisations such as Northcall, Childrens Centre, East North East Homes and local church groups.

Families primarily booked onto the sessions from the following schools:

Allerton Church of England
Highfield Primary

Alwoodley Primary
St Urbans Primary

Demand was high, and because of this, sessions split into 2 x 5 weeks of sessions in order to accommodate as many families as possible. Sessions therefore took place as 2 blocks.

Block One took place from 20th June to 18th July at Allerton High School Sports Hall because one target for the project was to utilise resources and provide activities in a neutral location to attract families from across Moor Allerton. Block two took place from 24th July to 21st August at Allerton Church of England Primary School due to Allerton High School not being available during this period.

Over the two sessions, 19 families booked on, with 15 families attending at least one session, 13 families attending at least four sessions, and 37 regular participants.

The age range of the regular participants was:

Age	
6 – 11	21
12 – 16	2
16 +	14

32 evaluation forms were completed:

27 out of 32 rated overall enjoyment of all activities excellent.

25 out of 32 said that as a result of the activity they are highly more likely to take part in sport and physical activity on the future.

Comments included for what liked the best

“liked playing together with the children best”

“meeting people and exercise”

“all of the sports”

“everything”

“family interaction and competition”

“playing team sports”

“all good fun”

Any other comments for how could be improved

“think its brill the way it is”

“Its very good and very helpful, thank you”

“Making it available to more families”

“could be longer”

“keeping it going on a regular basis, we’ve all really enjoyed it”

“make this a regular activity”

The overall feedback was really positive, with good mix of families from across the areas.

Sessions took place after school at a time to try to attract parents to sessions with the children.

Funding received supported all families attending regularly, and those who attended the final family session also received a goodie bag. The goodie bag included some play equipment to encourage young people and families to keep active and continue playing as a family after the

sessions, plus water bottles and information about keeping health and signposting to other activities.

Work also continues with local community groups to increase local opportunities for play through provision of equipment and advice.

Follow up contact with families has seen one parent interested in coaching opportunities, one parent joining Active Women sessions at Scott Hall Leisure Centre, one parent using the informal games learnt in the sessions to get children active during lunch time club at school they work at as a lunch time supervisor. Further information about local clubs and leisure centre activities was requested by 75% of families.